# Managing children who are sick, infectious with allergies or asthma

### **Policy statement**

We aim to provide care for healthy children through preventing cross infection of viruses and bacterial infections and promote health through identifying allergies and preventing contact with the allergenic trigger.

### Procedures for children who are sick or infectious

- If children appear unwell during the day for example, if they have a temperature, sickness, diarrhoea or pains, particularly in the head or stomach our manager or deputy call the parents and ask them to collect the child, or to send a known carer to collect the child on their behalf.
- If a child has a temperature, they are kept cool, by removing top clothing, but kept away from draughts.
- The child's temperature is taken using an ear thermometer kept in the first aid cabinet.
- In extreme cases of emergency, an ambulance is called and the parent informed.
- Parents are asked to take their child to the doctor before returning them to the setting; we can refuse admittance to children who have a temperature, sickness and diarrhoea or a contagious infection or disease.
- Where children have been prescribed antibiotics for an infectious illness or complaint, we ask parents to keep them at home for 48 hours before returning to the setting.
- After diarrhoea and or vomiting we ask parents keep children home for 48 hours following the last episode.

## Reporting of 'notifiable diseases'

- If a child or adult is diagnosed as suffering from a notifiable disease under the Health Protection (Notification) Regulations 2010, the GP will report this to Public Health England.
- When we become aware, or are formally informed of the notifiable disease, our manager informs Ofsted and contacts Public Health England, and act[s] on any advice given.

## Nits and head lice

- Nits and head lice are not an excludable condition; although in exceptional cases we may ask a parent to keep the child away until the infestation has cleared.
- On identifying cases of head lice, we inform all parents ask them to treat their child and all the family if they are found to have head lice.

### Procedures for children with allergies

- When children start at the setting we ask their parents if their child suffers from any known allergies. This is recorded on the Registration Form.
- If a child has an allergy, we record the following details:
  - The allergen (i.e. the substance, material the child is allergic to such as nuts, eggs, bee stings etc).
  - The nature of the allergic reactions (e.g. anaphylactic shock, rash, reddening of skin, swelling etc).
  - What to do in case of allergic reactions, any medication used and how it is to be used (e.g. Epipen).
  - Control measures such as how the child can be prevented from contact with the allergen.

- Review measures.
- Generally, no nuts or nut products are used within the setting.
- Parents are made aware so that no nut or nut products are accidentally brought in, for example to a party.

#### Procedures for children with asthma

- The Lantern Preschool is committed to providing equality of opportunity and anti-discriminatory practice for all children and families. In this we recognise that asthma is an important condition affecting many children. At the Lantern Preschool we will:
  - Encourage and help children with asthma to participate fully in activities.
  - Ensure children have immediate access to reliever inhalers.
  - Reassure parents of children with asthma that their children are in a safe, caring environment.
- When the child joins the setting the parents will record on the registration form if their child suffers with asthma.
- An 'administering medication' form is completed with the following details:
  - What medication is to be take
  - When it is to be taken
  - How it is to be taken
  - How to tell if the child's asthma is getting worse
  - What to do if the child's asthma gets worse
- Inhaler and spacer must be clearly labelled with child's name and checked that it is in date.
- Ensure that a record is kept each time a child takes medication.
- Make sure that the person collecting the child is informed if the child has had to take medication.
- Ask parents to bring a spare inhaler to be kept at the group in case of emergency.
- Make sure the inhalers are always taken on group trips.
- Ensure any spare medication stored by the group is labelled and has not passed its expiry date.